



## GNS SPORTS

### **Welcome**

GNS Sports offers a professional Multi-Skill and Multi-Sports coaching programme that supports the development of children to maximise their full potential through maintaining high quality and specialised coaching. GNS Sports ensure we provide an enjoyable and memorable experience by developing a fun culture that ensures every child enjoys and understands what they are learning. This is achieved by providing a high quality five star service and by using our philosophy, 'The Golden Player'.

GNS Sports aim to engage, educate and entertain children throughout their journey. To achieve this, we provide a high-quality physical education programme that inspires children to succeed and excel in Multi-skill and Multi-sports activities. We provide opportunities for children to become physically confident in a way which supports their health and fitness.

GNS Sports help embed values such as fair-play and respect as well as providing opportunities to build character within many physically-demanding activities. All programmes are designed specifically to enhance personal development and provide opportunities for children to develop fundamental movement skills. We encourage children to gain the confidence to extend their agility, balance and co-ordination, with a long-term aim that they will apply these skills in a range of activities.

GNS Sports is committed in making the child the most important aspect of everything we do. To ensure this, there are important areas that we review: -

- a)** Considering the individuality of every child coached
- b)** To provide high quality of fundamental and advanced coaching
- c)** Applying a 'Fun' and 'Educational' teaching method
- d)** Introducing a 'GOLDEN PLAYER' thus increasing the self-esteem and confidence of the player.

GNS Sports aims to ensure that we continue to meet demands and maintain the high quality of coaching by: -

- a)** Having qualified and experienced teachers/coaches who understand how to teach skills in a variety of ways, but who also love working with children and who possess inner qualities to ensuring that every child enjoys themselves.
- b)** Being honest with every child
- c)** Teaching them the right way forward – Enhance personal development
- d)** To ensure children understand what they are learning and to have fun along the way.

**‘Children may not always remember what you say but, they will always remember how you made them feel’**