

GNS SPORTS

SATURDAY MORNING CLUB (9.30am – 11.30am)

GNS Sports is offering a Multi-Skills and Multi-Sports Club for children in the local area. The sessions are organised by Graham Nicholas, PE Teacher and UEFA 'A' Licence coach. The sessions are designed to improve and develop the speed, agility, balance and co-ordination of children in an enjoyable and fun format. Activities will focus on child development and small-sided games.

Children will learn, develop and apply their Multi-Sports and Multi-skills within our twelve core sports. GNS Sports ensure we provide an educational and enjoyable experience by developing a fun culture that ensures every child enjoys and understands what they are learning.

Activities include: -

Athletics	Football
Hockey	Basketball
Cricket	Bench-ball
Rounders	Futsal



Programme includes:

Learning the basic techniques/skills
Small-sided games

Cost: - Only £4.00 per child

Ages: 6 – 11 years

